إدارة الخدمات الطبية Medical Services Administration





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Policy Title: Hand washing				
Department/Unite:	Policy Number:	Replaces No:		
Nursing Unit.	UOJ-MSA-NR-P/08			
Creation Date: 10/12/2022	Effective Date:	Review Date:		

Revision History			
Subject	Changes made	Done by	Revision date
	497-313-36-Wh1wYqyR6Z66k9 yal	P+ylg==-6/20/2	1023 11:21:31 AM

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Enc: الرقم Ref.:UOJ-MSA-NR-P/08 التاريخ: Ref.:UOJ-MSA-NR-P/08 ها @ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @ identity@uj.edu.sa

المملكـة العربيـة السعـوديـة - وزارة التعليم Kingdom of Saudi Arabia - Ministry of Education P.O. Box 80327 Jeddah 21589 م.ب 21589 جدة 21589







1. CONDITIONS:

1.1 All Staff of Nursing Unit.

2. PURPOSE:

2.1 To clarify the guidelines for effective hand washing in order to prevent the transmission of infections among staff and patients.

2.2 To minimize the risk of cross infection between staff and patients.

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3. **DEFINITIONS**:

N/A

4. Related

N/A

Documents:

5. POLICY:

5.1 hand washing is needed before handle patients, in-between patients, procedure and after the end of the procedures.

6. PROCEDURES:

6.1 All staff will perform the task of sterilization and hand washing before starting work and contacting the patient.

6.2 Sterilization and hand washing must be Before and after patient contact, Before and after toileting, before donning and after removing gloves, after body fluid exposure risk, after touching each patient and patient environment.

6.3 Wash hand compulsorily using vertical strokes Repeat the same technique 5497-313-36-Wh1wYqyR6Z66k frequently.==-6/20/2023 15/29/331/3486-Wh1wYqyR6Z66k9yaEP+ylg==-6/20/2023 11:21:31

6.4 Anatomic counted friction method. count 10 to 15 frictions to each area:

6.4.1 Palm to palm with finger interlaced. Moving hands back and forth.

6.4.2 Palm over dorsum with finger interlaced and vice versa. Moving hands back and forth.

6.4.3 Grasp finger and rubbing in circular motion, for each finger and starting from thumbs and vice versa.

6.4.4 Thumb to thumb and all fingers over knuckles and vice versa.

6.4.5 Circular rubbing of clasped finger on palm and vice versa.

6.5 Hand hygiene using alcohol based hand rub or gel:

6.5.1 Apply a palm full of a product in a cupped hand, covering all surfaces.

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- 6.5.2 Rub hands palm to palm.
- 6.5.3 Right palm over left dorsum with interlaced fingers and vice versa.
- 5497-313-36-Wh1wYqyR6Z66k 6,5.4 Palm to palm with fingers interlaced.h1wYqyR6Z66k9yaEP+yIg==-6/20/2023 11:21:31 AM
 - 6.5.5 Back of fingers to opposing palms with fingers interlocked.
 - 6.5.6 Rotational rubbing of left thumb clasped in right palm and vice versa.
 - 6.5.7 Rotational rubbing, backwards and forwards with clasped fingers of right hand
 - in left palm and vice versa for 20 30 seconds.
 - 6.5.8 Adhere with the Five Moments of Hand Hygiene at all times.
 - **7. RESPONSIBILITIES** 7.1 All staff of Nursing Unit.
 - **8. Appendix:** 8.1 N/A
 - **9. REFERRANCES:** 9.1 Ministry of Health Manual for Nursing Unit.

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Medical Services Administration





Prepared By:

Name:

Mrs. Esraa Saad**y**

Position: Quality Representative, Nursing Unit

Date: 10/12/2022

Signature:

Reviewed By:

Name: Mrs. Areej Saymaldaher

Position: Supervisor, Nursing Unit

Date: 01/05/2023

Signature:

Approved By:

Recommended By:

Name:

Date:

Position:

Signature:

Name: Dr. Mansour Tobaigy

Position: Supervisor, Medical Services

Mrs. Ahlam Alrefai

Supervisor, Quality&Patient Safety Unit

Administration

Date:

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Signature:

Reviewed By:

Name: Dr. Eman Balbaid

Position: Supervisor, General Clinics

Date:

Signature:

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المرفقات:

التاريخ:

الرقم: Ref.:UOJ-MSA-NR-P/08

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